



# Jefferson County/St. Louis County Substance Use Disorder Resources

## PREVENT, TREAT, RECOVER

*Please be advised that funding availability may affect resources listed below.*

As humans, when things get tough, we tend to fall back into our old (unhealthy) patterns. In order to overcome an addiction, something that takes a lot of hard work and personal dedication, we desperately need support and encouragement. The below information is brought to you by multiple agencies within the Jefferson County & St. Louis County limits. We understand that addiction rarely is overcome without help from additional resources. If you suffer from addiction, please take a moment and review the below material.

For family members of someone suffering from addiction, please see the reverse side of this document.

**For emergencies that threaten life or property and require immediate attention, always call 911**

City of Arnold Police Department: (636) 296-3204

Arnold Dispatch Non-Emergency: (636) 296-2222

St. Louis County Police Department: (314) 615-5000

St. Louis County Non-Emergency: (636) 529-8210

Jefferson County Sheriff's Office: (636) 797-5000

Jefferson County Non-Emergency: (636) 797-9999

### **Treatment in the Area:**

Comtre Welcome Center: 636-220-5397

Mercy Jefferson Behavioral Health: 636-933-1231

Sana Lake Recovery: 636-707-2097

Adult & Teen Challenge (Men 18-30): 636-677-1776

SAMHSA Treatment Services Locator:

<https://findtreatment.samhsa.gov>

<https://www.samhsa.gov/medication-assisted-treatment>

Preferred Family Healthcare: 636-224-1000 or

Email: [centralizedonboarding@pfh.org](mailto:centralizedonboarding@pfh.org)

Behavioral Health Network of Greater St. Louis:

314-449-6713 or <http://bhinstl.org>

Missouri Network For Opiate Reform and Recovery:

314-717-3472 or <https://www.monetwork.org>

### **State Funded/Free Programs:**

Diane's House (Women): 314-352-0056

Queen of Peace (Women): 314-531-0511

The Wish Center (Pregnant): 314-768-8230

Salvation Army (Men): 314-652-3310

Preferred Family: 573-632-4321

Southeast Behavioral: 800-455-5749

Gibson Recovery Center: 573-334-5513

Turning Point Recovery Center: 573-248-1196

### **Recovery Meeting Links:**

[www.aastl.org](http://www.aastl.org)

[www.celebraterecovery.org](http://www.celebraterecovery.org)

[www.crystallmeth.org](http://www.crystallmeth.org)

[www.heroinanonymouse.org](http://www.heroinanonymouse.org)

[www.na.org](http://www.na.org)

[www.refugerecovery.org](http://www.refugerecovery.org)

[www.smartrecovery.org](http://www.smartrecovery.org)

[www.nomodeaths.org](http://www.nomodeaths.org)

<https://arcamidwest.com>

[missouriopioidstr.org](http://missouriopioidstr.org)

### **Other Resources:**

Jefferson County Drug Prevention Coalition:

636-797-3737 X 143 / [www.jeffcodpc.org](http://www.jeffcodpc.org)

Jefferson County Health Department:

636-797-3737 / [www.jeffcohealth.org](http://www.jeffcohealth.org)

Assisted Recovery Centers of America: 314-645-6840

Jeffco Express (Transportation): 888-875-6287

National Domestic Violence Hotline: 1-800-799-7233

Suicide Hotline: 1-800-273-8255

Veteran's Helpline: 1-800-273-8255 Press 1

Start Here STL Area Resource Directory: [startherestl.org](http://startherestl.org)

Center for Life Solutions: 314-731-0100

PreventEd: 314-962-3456 or [prevented.org](http://prevented.org)

### **Private Insurance, Private Pay**

- Sana Lake Recovery Center (Men and Women): 636-707-2097 Located in Dittmer, MO
- American Addiction Centers (Men and Women): 636-248-0243 Nationwide 20 Residential Options
- Harris House (Men and Women): 314-736-3362 Located in South St. Louis
- Valley Hope (Men and Women): 800-544-5101 Located in Boonville, Missouri
- SSM St. Joseph's Hospital St Charles: 888-949-7150 Located in St. Charles Missouri
- Centerpointe Hospital: 636-441-7300 Located in St. Charles, Missouri
- Chestnut Health Systems: 800-446-0972 or [Chestnut.org](http://Chestnut.org) Located in Hillsboro, Missouri
- Aviary Recovery Center: 314-282-5272 or 636-677-7727 <https://aviaryrecoverycenter.com>

# **Family Member of Someone who has a Substance Use Disorder**

Recovery is a process of change through which people improve their health and wellness, live self-directed lives, and strive to reach their full potential. Even people with severe and chronic substance use disorders can, with help, overcome their illness and regain health and social function. Oftentimes, those closest to individuals suffering substance abuse struggle the most, and for numerous reasons. Family and friends uncomfortably watch their loved ones transform in harmful ways, lost to the grip of dangerous substances. The below listed information is to help support the loved ones of someone caught in the world of addiction.

## **Parent Support Groups**

- 1) H.O.P.E. Support Group- For family and friends of those suffering from opiate addiction
  - a. 314-550-4382, info@hopegroupstl.org, 3579 Jeffco Blvd. Arnold, MO 63010
- 2) Missouri Network Opiate Reform for Recovery: monetwork.org or 844-rebelup
- 3) Care Connections- 636-223-0365 (3581 Jeffco Blvd, Arnold, MO 63010)
  - a. GriefShare Support Group- a 13-week support group to help those who have lost someone close to them. This support group is free and open to all.
- 4) www.nar-anon.org- A 12-Step Program for Family & Friends of Addicts
- 5) www.alanon.org- Help for family and friends of alcoholics

## **Parenting Classes**

- 1) Care Connections- 636-223-0365 (3581 Jeffco Blvd, Arnold, MO 63010)
  - a. Parenting A Second Time Around (PASTA) caters to grandparents, family members, or foster parents who are raising children other than their own. Topics include: Rebuilding families, Advocacy, and Discipline.
  - b. Strengthening Families Program and Strengthening Families Program for Kids is specifically designed for high-risk families due to abuse, neglect, drug/alcohol addiction, and/or behavioral issues, this program teaches parenting, social, and family life skills. Parents and children work together and separately to help strengthen the family unit.

## **Narcan Distribution**

- 1) Missouri Opiate Reform for Recovery- www.monetwork.org or 314-717-3472 or 844-rebelup
  - a. Free Narcan Distribution and Training, Harm Reduction Related Services, Needle Disposal
- 2) Sana Lake Recovery Center- sanalake.com or 636-707-2097 (Free Narcan Distribution)
- 3) PreventEd- prevented.org (Request Narcan Tab) or 314-962-3456

## **Hepatitis/HIV Testing**

- 1) Jefferson County Health Department 636-797-3737
- 2) Missouri Network Opiate Reform for Recovery: www.monetwork.org or 314-717-3472
  - a. No insurance- 5 treatments \$25.00 per visit
  - b. Medicaid-\$2.00 per visit for 5 visits (no medication costs)
  - c. Walk in's for referrals at MO Network Tuesdays/Thursday 12-2p.m.

## **Utility Assistance**

- 1) Herculaneum United Methodist Church 636-479-5802 Serves Herculaneum & Pevely; one-time help
- 2) National Energy Assistance Referral (NEAR) 1-866-674-6327
- 3) St. Vincent DePaul Contact local Catholic Church for information
- 4) Victory Church 636-475-3000 Serves Pevely
- 5) Care Connections- 636-223-0365 (See above)
- 6) Jefferson Franklin Community Action Corporation (JFCAC): 636-789-2686 x 1510 or 1503